

A stylized illustration of a guitar, primarily in dark blue and black, with six orange strings running vertically down the left side. The guitar body is represented by a large dark blue shape, and the neck is a black triangle. A horizontal orange line crosses the strings. The background is a solid medium blue.

A Guitar Player's Guide to Ear Training

by Charlotte Adams

2-DISC SET INCLUDED

SECOND EDITION

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Introduction

To be truly successful at ear training, a particular style of thinking must be cultivated. This mental state is characterized by relaxed concentration, balance between the two hemispheres of the brain, emotional detachment, and lack of self-judgment. Because these same qualities are required of a good guitar player, you will probably notice your guitar practice and performance skills improving as you progress in your study of ear training.

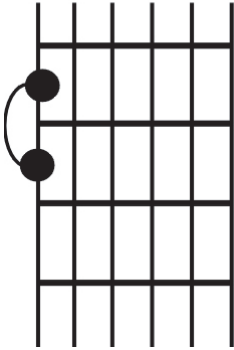
Many of us equate learning with a feeling of stress, due to our experiences in a school environment, where speed of performance and an ability to excel in left-brain activities is too often valued above all else. The wonderful thing about learning to read, write, hear and create music is that those skills require activity in both hemispheres of the brain, and therefore heighten our intelligence! So, give up any old, leftover ideas about how fast you should be learning or how high you should score and just enjoy the experience. By releasing concerns about your progress, you will find that you actually do learn quickly!

More and more people are gaining benefits from one or more of the many practices (such as yoga, meditation, breathwork or Tai Chi) that encourage or allow rapid learning, intuition, and optimum health. If you do not already follow a practice you can easily learn an exercise or two that employ diaphragmatic breathing, and simply remind yourself frequently to soften your muscles and drop your judgments.

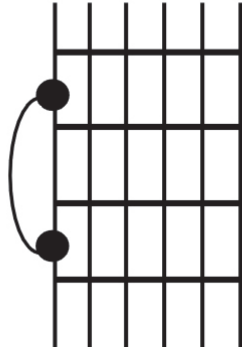
Please keep in mind that this is predominantly an audio course. Use the CD! Repeat the exercises as often as you feel they are helpful. When you're done with them (or before), make up your own exercises and games on the guitar, with your voice, or on paper. Seek out some of the drills that are available on the Internet, transcribe bits of music from recordings, or trade dictation practice with a musical friend. Achieving an ever-deepening relationship with sound is a life-long process; I can't think of a more enjoyable process!

Interval Shapes

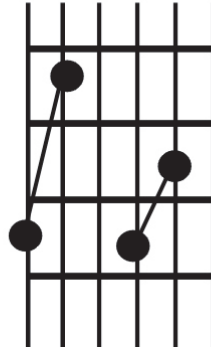
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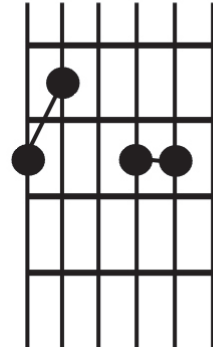
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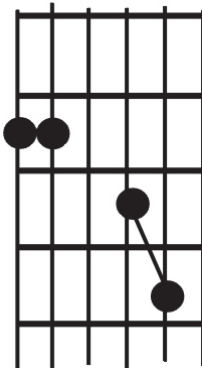
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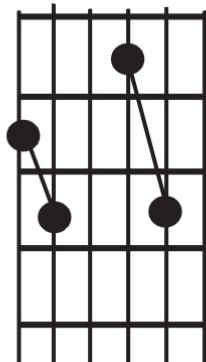
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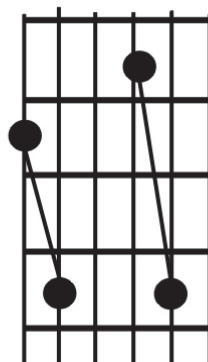
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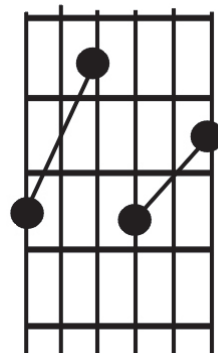
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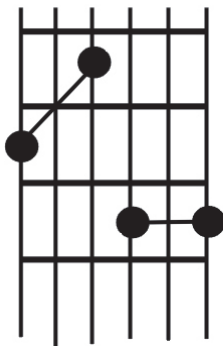
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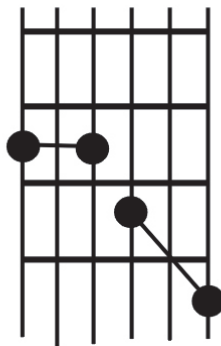
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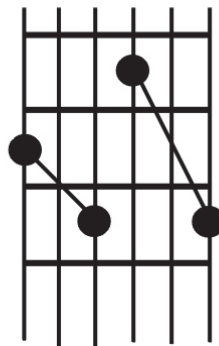
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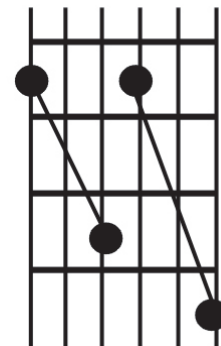
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M7

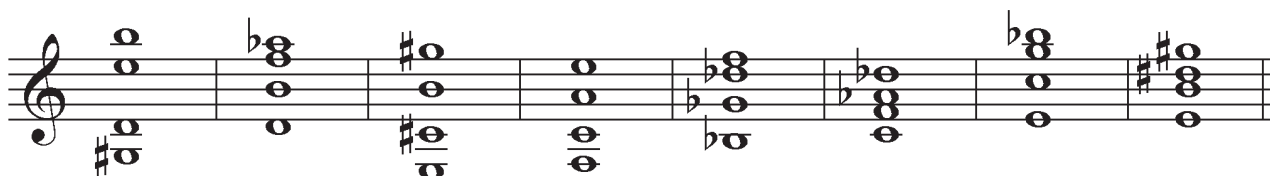
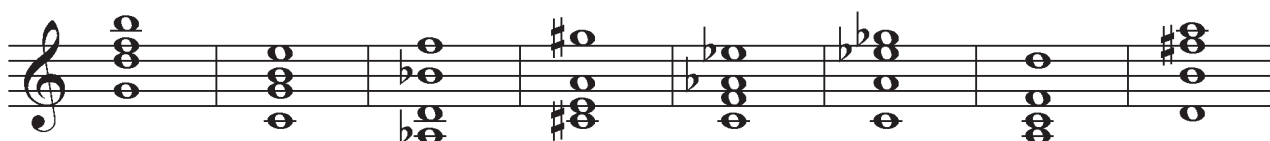
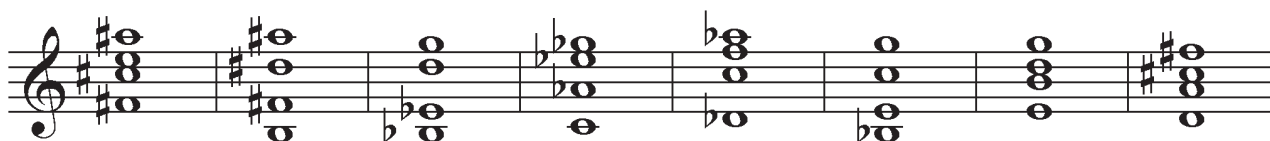
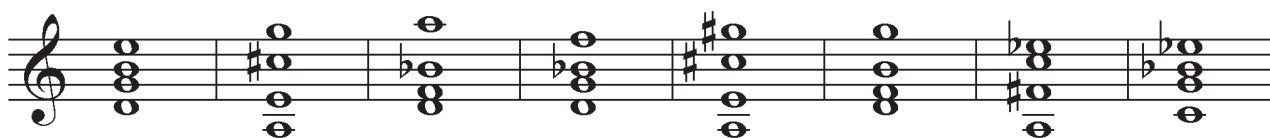
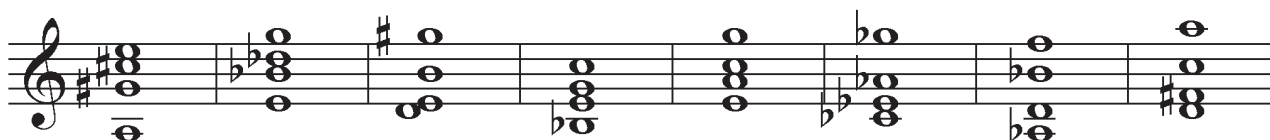
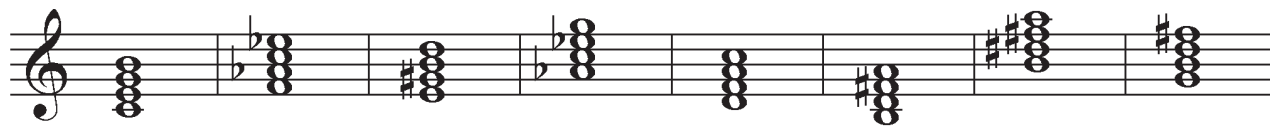


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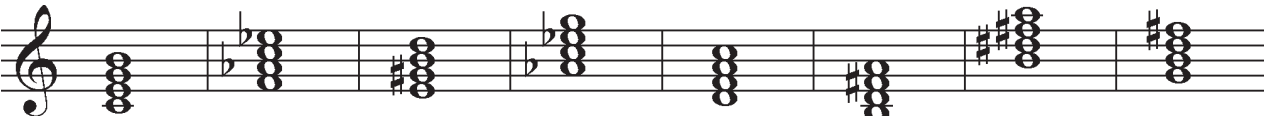


Seventh Chords

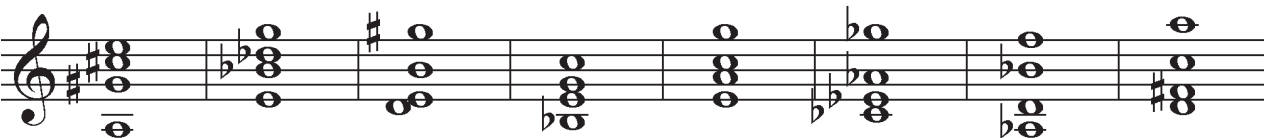
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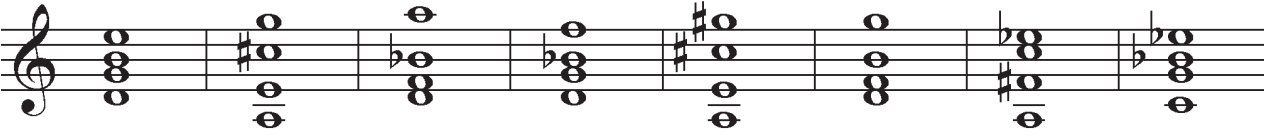
Answers



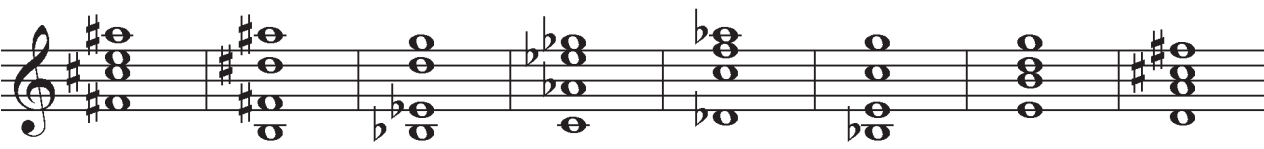
CM7 Fm7 E7 AbM7 Dm7 Bm7 B7 GM7



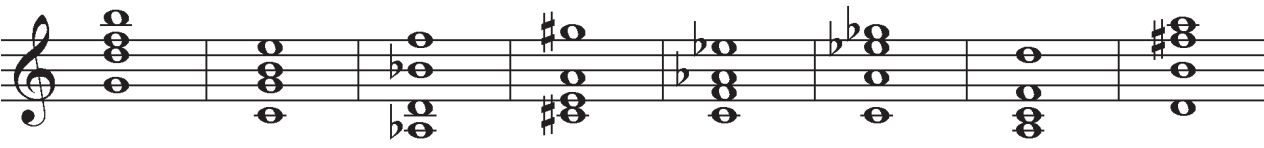
AM7 E°7 E7 C7 Am7 Abm7 Bb7 D7




Em7 A7 BbM7 Gm7 AM7 G7 F#°7 Cm7



F#7 BM7 EbM7 Ab7 DbM7 C7 Em7 DM7



G7 CM7 Bb7 AM7 Fm7 A°7 Dm7 Bm7



E7 B°7 C#m7 FM7 GbM7 DbM7 C7 EM7

A Guitar Player's Guide to Ear Training

by *Charlotte Adams*

Through clear instruction and logical, easy-to-follow exercises, *A Guitar Player's Guide to Ear Training* provides the beginning and intermediate guitarist with a method for increasing aural comprehension and connecting the ear to the instrument.

Topics covered include:

Recognizing and writing intervals

Chord qualities

Scale harmony

Melodies

Sight-singing

Guitar-specific tips

Guitar
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BY CHARLOTTE ADAMS

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